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ABSTRACT OF THE DISCLOSURE

A disposable food delivery device is disclosed. The device includes a food utensil coupled to a food container. The food container can be pre-charged with food, such as a dehydrated food, such that a liquid can be added to the dehydrated food to result in a ready-to-eat food at any selected time. The food container illustratively can include a port for receiving the liquid. The food container also illustratively can include a security seal for assuring that the food has not been contaminated prior to consumption. Another illustrative embodiment of the invention includes a valve for retaining liquid in the food container prior to consumption of the food.